



Revised August 15th, 2022

LTYA Sport Guidelines Effective Immediately

Field Use by Reservation Only

The conditions surrounding the COVID-19 pandemic are continually evolving and LTYA's plans will continue to be evaluated to adapt as necessary.

Teams & Participating Families must adhere to the following:

Parents Please Note: Individuals aged 65 or older are at a higher risk of COVID-19. Parents should protect any vulnerable persons who are members of the same household or come into frequent, close contact with individuals who participate in youth sports.

To all parents and guardians there are enhanced risks of participants being in direct contact with anyone age 65 or older for 14 days after participating in a sport event or practice.

These Guidelines apply to LTYA activities at LTYA Field of Dreams and while playing LTYA sports at 3rd party locations. However, Players, Coaches and Spectators must always comply with the 3rd party facility protocols when playing outside of LTYA Field of Dreams.

1. **Pre-Activity Screening:** Parents should actively screen their children before each LTYA activity by asking them specific questions (children are often not forthcoming about minor symptoms and subjective symptoms are not observable without asking). Questions should be: "Do you have a sore throat, headache, chills, body aches, diarrhea, loss of taste or smell?" Parents should observe for rash or fever. If the answer is yes to any of those questions it is essential that the child NOT attend practice and be evaluated by a medical professional before returning to play.

2. Any player who fits the following descriptions should NOT attend any LTYA activity/facility:

- A player is being tested or has been tested and is awaiting results.

- A player that has been quarantined from school until they meet the LTYA Return to Play criteria in 15 below.

3. Masks are encouraged but not required, except when playing at an offsite facility that requires masks or as required by a sport sanctioning body.

4. Each player is encouraged to have their own bottle of hand sanitizer in their sports bag and use it as the parents see fit.

5. Pre-packaged team snacks are permitted.

6. Parents should instruct their players prior to each practice to cover their nose and mouth if they need to cough or sneeze at practice.

7. Players should have their own water bottles.

8. Where appropriate, each player should bring their own ball to every practice and only use their ball for the entire practice. (Basketball, Soccer etc.)

9. Players should not share their personal equipment.

10. If at any time a Coach doesn't feel comfortable continuing practice/game/activity for any reason whatsoever, they should stop and discontinue practice/game/activity.

11. If at any time a Parent doesn't feel comfortable with their player participating in the practice/game/activity for any reason whatsoever, they should remove their child from the practice/game/activity.

12. It is the Parent's responsibility to ensure these Guidelines are followed for their player and family and accept full responsibility for the well-being of themselves, their child, their family and guests.

13. It is everyone's responsibility to make sure these overall Guidelines are followed.

14. If these Guidelines are not being followed, you should remove your child from play, advise the coach of the concerns and email the concerns to scott@tylas.net

15. Players, Coaches and Staff may return to play/work based on the following:

In the case of a player, coach or staff member being diagnosed with COVID-19, the individual may return to play/work when all three of the following criteria are met:

- i) at least 1 day (24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications);
- ii) and the individual has improvement in symptoms (e.g., cough, shortness of breath);
- iii) and at least 5 days have passed since symptoms first appeared.

Or in the event of an asymptomatic individual, at least 5 days have passed since the positive test result.

Upon reentry, individuals are encouraged to follow the CDC guidance on ending isolation for days 6 - 10 following a symptomatic case of COVID-19

(https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fyour-health%2Fquarantine-isolation.html)

16. LTYA will not be notifying players of potential close contacts.

Parents should of course follow the same protocols above with regard to attending any LTYA activity.

17. Parents and Participants Acknowledge that this a very fluid situation and these requirements may be modified over time in concert with local, county and state guidance as well as Centers for Disease Control (CDC) guidelines. Parents agree to adjust to any updated guidance as communicated to them by their Team Coach of LTYA representative.

18. The spitting, eating or other use of seeds, gum or other similar products is not allowed by anyone at the facility.